

*TRAINING THE NATURAL DOCTORS OF TOMORROW TODAY.*

*WHERE SCIENCE, MEDICINE, PHILOSOPHY AND NATURAL THERAPIES INTEGRATE  
INTO A POWERFUL PERSON-CENTRED FUSION FOR THE BENEFIT OF ALL.*

*PROSPECTUS FOR THE*

*DIPLOMA IN NATUROPATHIC MEDICINE WITH HONOURS DNM (Hons),*

*And*

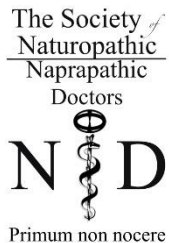
*DIPLOMA IN NAPRAPATHIC MEDICINE WITH HONOURS DNMed (Hons),*

*With full registration and licensure with the Society of Naturopathic/Naprapathic Doctors.*

Universal College  
of Health Sciences



Unus pro omnibus,  
omnes pro uno.



 CPD PROVIDER

UNIVERSAL COLLEGE OF HEALTH SCIENCES 

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**UKRLP** UK Register  
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## The Principal

Dr. Nicholas Pearce  
Regents Professor UCHSc



As a potential student I want to make navigating the process of finding the correct information quick and easy, so I want to take you on a journey, so as to provide you with all the facts about training and careers. Choosing, up grading or advancing a career is an important process which shouldn't be taken lightly. Indeed, for most of us our careers span our whole lives, so we'd really better enjoy what it is we choose.

For others, like me, change is inevitable when you don't get your first choice quite right, or due to some life event you are motivated to choose a different path. I will guide you through the unavoidable politics, the ethics, the regulations, the various career paths and training opportunities available in the field of Naturopathy and Naprapathy, in hope that you chose us to help you on your journey into an exciting and rewarding career and future.

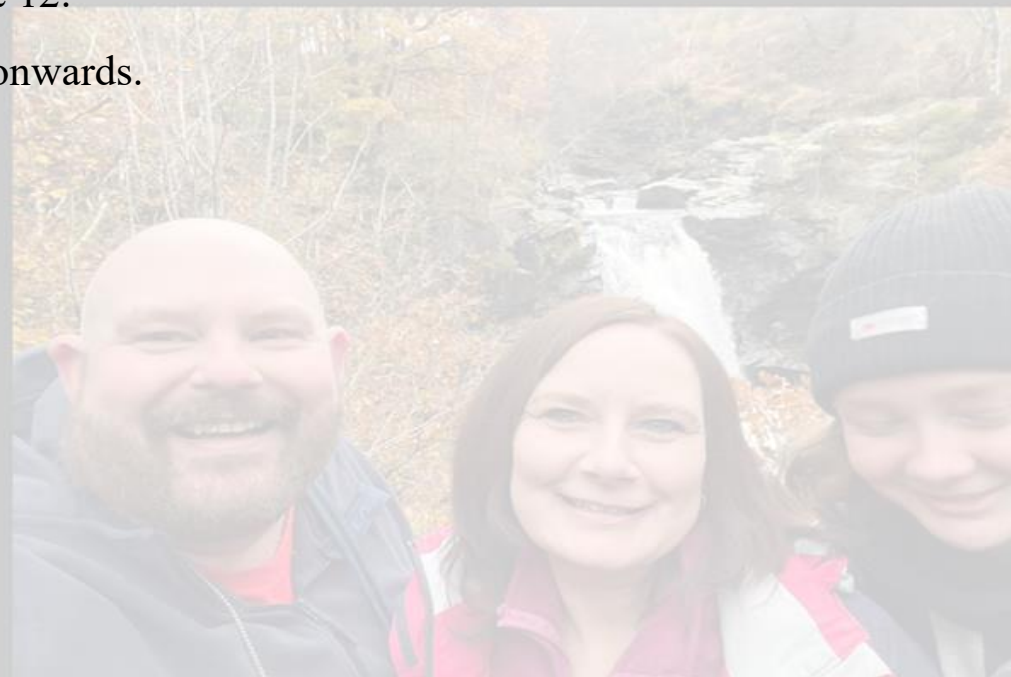
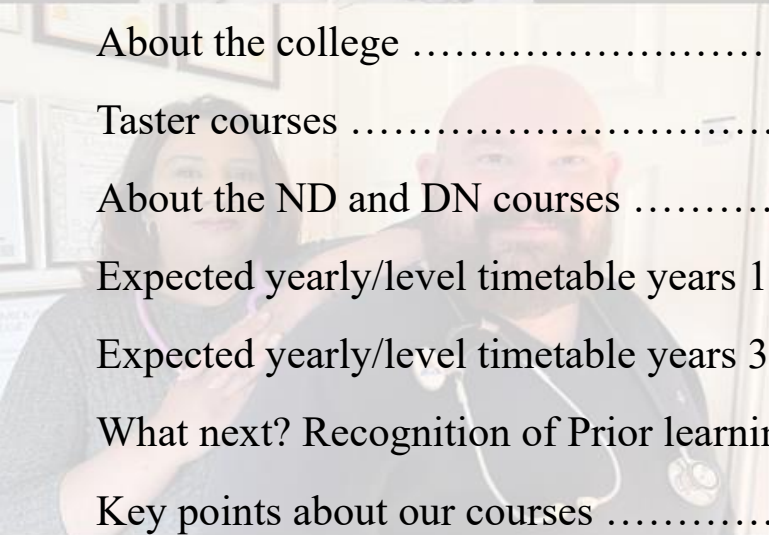
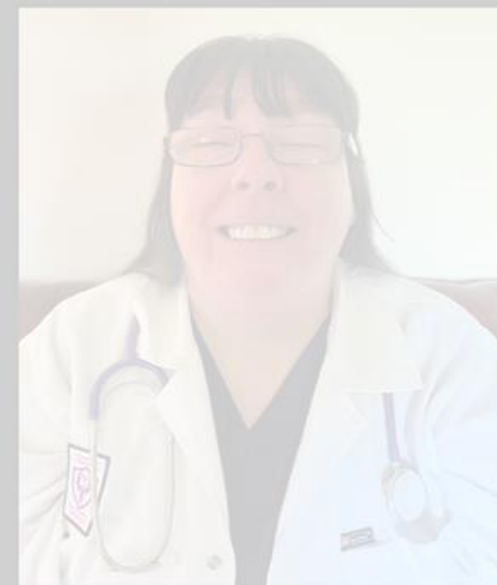
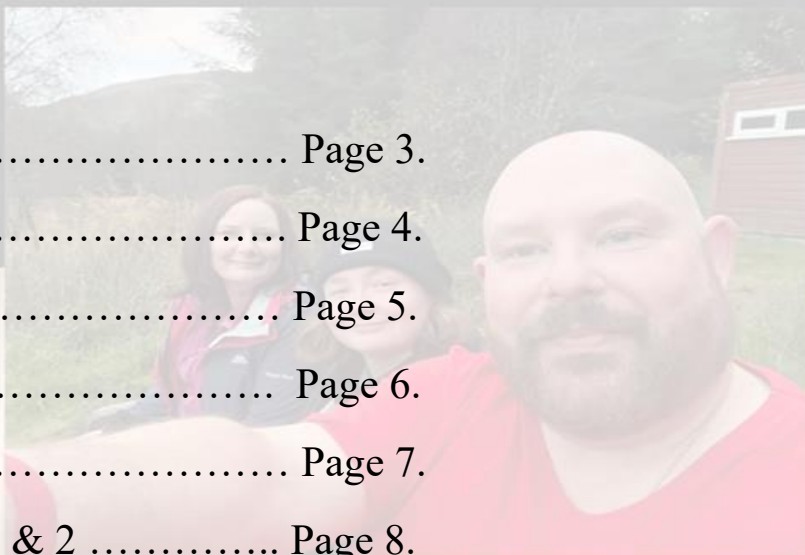
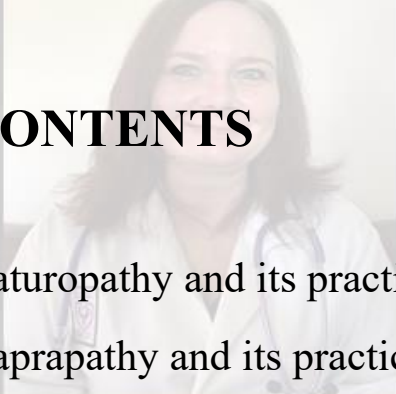
In the UK the profession of Naturopathy and Naprapathy is not regulated and therefore voluntary bodies such as the Society of Naturopathic Doctors (SND) are set up by practitioner members. Some of these organisations can be for profit and have commercial associations or not for profit, where every penny goes back into it for its members and the public, like the SND. This means that unfortunately organisations can be biased and commercial leaning and training is also biased and unregulated. Courses between providers can vary greatly. Training can be done online, face-to-face or a mixture, over a few days to a few years depending on the provider. It all boils down to, what you want to end up practising and how much time, effort and money you want to invest in your career, training in order to secure your future.

In other countries such as the USA they have a much better grip on regulation and therefore training. In many states Naturopathic Doctors are licensed and have to attend an accredited college in order to pass doctoral level professional degrees and licensure exams. Indeed, in the USA some states allow Naturopaths to be primary physicians, meaning they can order tests, prescribe drugs and even perform minor surgery.

We are nowhere near this in the UK, but we can try our hardest to get there for both the profession and the protection of the public. In fact if your professional association isn't pushing the boundaries of training and development, then they are not doing you any favours by keeping you in the dark ages. This being said, a lot of people find great and rewarding careers practising at a lower level, such as a therapist, where there isn't as much responsibility. We will endeavour to take you through all our training options available from UCHSc in this prospectus.

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## NATUROPATHY AND ITS PRACTICE:

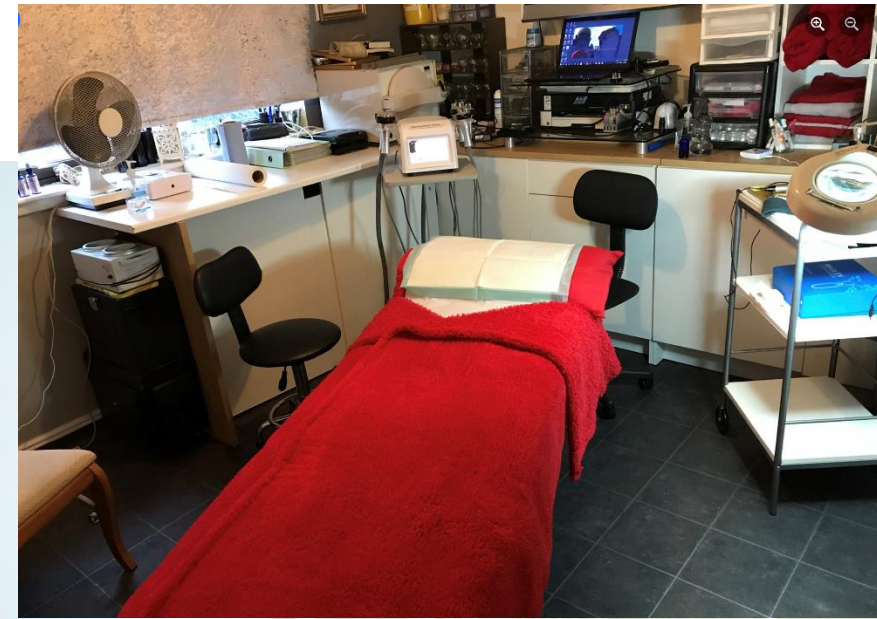
Naturopathy is practiced in accordance with its six principles.

- 1, First do no harm.
- 2, The healing power of nature.
- 3, Identify and treat the root cause.
- 4, Doctor as teacher.
- 5, Treat the whole person.
- 6, Prevention is the best cure.

Baring these six principles in mind Naturopaths are eclectic practitioners who in this day and age integrate and apply modern biomedical sciences, diagnostics, and scientifically and evidence based, proven natural therapies. In the past few decades we have made advances in sciences that have been able to explain how a lot of natural therapies actually work. It's no longer quackery, as many can be scientifically explained and have been proven. So much so, that even our allopathic doctors are beginning to apply this new found knowledge.

Naturopaths in the UK come from all backgrounds and levels, the Society of Naturopathic Doctors registers and licenses naturopathic associates, therapists, practitioners, advanced practitioners, doctors and fellows, and encourages everyone to advance, and take additional training and development to higher levels.

Naturopaths in the UK depending on their level of training can undertake general health assessments to make sure it is safe and appropriate to treat or refer to a medical or advanced practitioner. Some can undertake advanced assessments and diagnosis of a range of conditions including monitoring using the same techniques as allopathic doctors. The DNM (Hons) and DNMed (Hons) courses enable graduates to undertake appropriate assessment and diagnosis within their scope and competency. SND Naturopathic Doctors are independent, autonomous practitioners, but can integrate with other healthcare professionals for the benefit of the patient in person-centred care. No two Naturopaths will practice the same therapies. Some may practice manual medicines, sports therapies, herbal medicines, medical cupping. Whereas others may practice in Acupuncture, aspects of Osteopathic manipulation etc. The range of natural therapeutic tools at the fingertips of a Naturopaths are only limited by their training.



## NAPRAPATHY AND ITS PRACTICE:

Similar to Naturopathy, Naprapathy also focuses on the principles of the holistic approach.

- 1, Self-healing.
- 2, Prevention.
- 3, Patient education and specialises in
- 4, manual medicines and particularly the connective tissues.

Naprapathy is a specialism of the musculoskeletal system. It is fundamental in treating common conditions relating to chronic pain, sports and other injuries, headaches, postural problems using diagnostic kinesiology, biomechanics & orthotics. Medical imaging. Heat and cold therapies. Electro-laser therapies. Some aspects of applied clinical nutrition, hydration and supplementation. Naprapathy was developed by Dr. Oakley Smith, a Chiropractor, who sought to create a system that specifically address the treatment of soft tissue disorder. He founded the first Naprapathic school in 1907, in Chicago. Similar fields such as Osteopathy, Physical Therapy were also developing using some of the same techniques at that time, so there is much overlap between all these physical therapies.

Osteopathy and Chiropractic treat mainly bony tissues, whereas Naprapathy seeks to treat the same imbalances and dysfunctions more gently using techniques in manipulating the bodies connective tissues including muscles, ligaments and fascia. Naprapathic Doctors usually find their skills in demand in many rehabilitation, sports, and chronic pain relief and management settings. Their advanced diagnostic, monitoring and manual therapeutic skills, along with their knowledge and application of other natural therapies and clinical nutrition means they can bring much relief to people of all ages and walks of life.

Naprapathy is an unknown and new profession in the UK, just ready to be taken on, moulded and developed into an exciting satisfying profession.



## ABOUT THE COLEGE

At UCHSc, we pride ourselves on a strong identity and ethos that fosters an inclusive and welcoming environment. Our community is not only dedicated to professionalism but also embodies a spirit of camaraderie and enjoyment. We are committed to hard work and excellence, ensuring that every student feels supported in their journey.

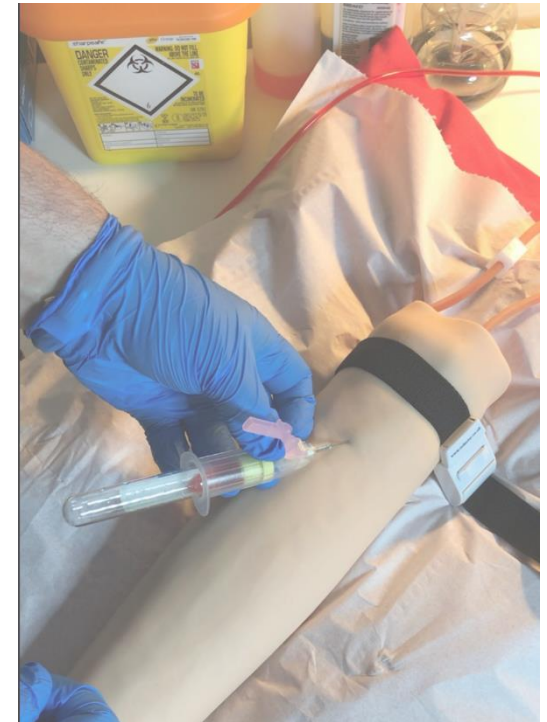
Here, you'll find a culture where open communication is encouraged, and guidance is always available as you pursue your goals. We emphasize the importance of building connections among students, as these relationships will form the foundation of your professional network when you graduate. Together, you will carry our esteemed reputation into the world, embodying the values and integrity of our institution.

Our tutors are college and university graduates, some trained in the NHS, and world renowned experts who are not just practitioners, they are researchers, text book authors, government regulated qualification teachers and examiners in other associated subjects. They're passionate about what they do. They pass knowledge and experience down, and it shows in the quality of and success of our graduates.

At the heart of our program are dedicated tutors, who also volunteer freely of their time to the Society of Naturopathic and Naprapathic Doctors. These passionate professionals generously share their time, expertise, and commitment to elevate the standards of these vital fields. They believe in the power of self-care and its transformative impact on students, patients, and themselves. That's why our course is infused with enriching experiences like nature walks, camps, hikes, eco projects, and community outreach clinics. Here, students don't just learn—they actively bring natural therapies to those who might otherwise be unable to access them.

## TASTER COURSES

We encourage potential students who may be unsure to take some short courses to introduce them to different therapies and see if they really enjoy them. We have a range of shorter courses available which the student can do at their own pace in their spare time, around their current commitments, such as Medical Cupping. Hijama & Wet Cupping. Anatomy and Physiology. First Aid and CPR. Phlebotomy. Chapmans Reflexes. Foot Health Care. Reflexology. Reiki Healing. Acupressure for Pain Relief and Pain Management to list just a few, and are available at any time to enrol on. There are no particular entry requirements for short courses, just a good standard of education in English, Maths and Motivation in order to succeed is enough.



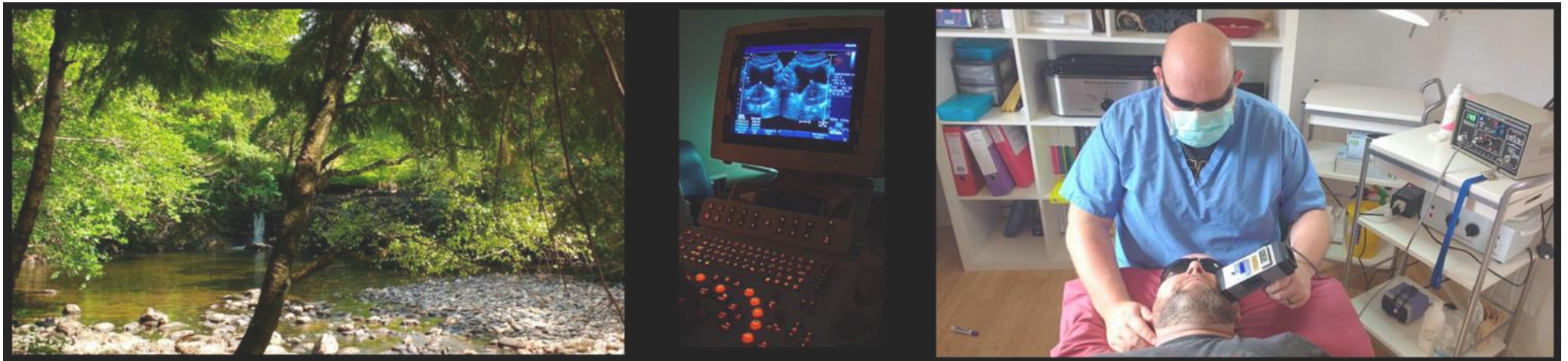
For the full ND & DN courses we enrol twice a year, and you need to apply to secure your place prior to the date of commencement, in order to avoid disappointment. All applicants are interviewed by Zoom, and this allows everyone to meet, get to know each other and ask essential questions.



## ABOUT THE ND & DN COURSES

Our ND & DN courses are designed to be flexible, adaptable and inclusive for all students. We have an extended year, so that although studying part time, technically you will have completed full time hours in 45 weeks. Students can switch between full time and part time within reason, as their life commitments require. We start at ordinary degree level, laying foundations for further advanced study, right up to professional taught doctorate standards.

International students do not have to come to the UK to complete practical/clinical placements. We would love you to, and if you could, that'd be great. However, they can find someone appropriately qualified and local to shadow. They will however, still need to complete all the compulsory live Zoom practical's just like all other students.



We enjoy taking students out on practical's such as nature walks to identify plants. Lab techniques such as making decoctions, pills, compounding, doing lab tests and lab skills as well as physical examination and clinical diagnosis skills classes.

In your very first year you will learn a range of general health assessments such as taking blood pressures, pulses, SPO2, peak flow, palpation, percussion, temperature, respiration, listening to the heart and lungs with a stethoscope. Urinalysis, and simple finger prick blood tests.

More advanced applied diagnostic skills are taught in years 2 & 3, along with advanced therapies and core subjects.



## **EXPECTED YEARLY/LEVEL TIMETABLE (Including enrolments in both March and September).**

Weeks 1 & 2 Induction Period. During this time, students will orient themselves with the study timetable of subjects and assessments throughout the year. This will begin with a compulsory live tutorial held by a tutor. This will take 2 – 3 hours, and will answer all your questions and give guidance on how the course runs, and where you can get help if needed. All students are assigned a personal tutor whom they can contact if they need any help or guidance about anything e.g. the course, assessments, assignments, IT or other problems etc. Your personal tutor will guide you through and help you with everything.

Weeks 3 – 15 Directed learning and self-supported study. During this period the students will be directed use their study timetable, to course materials given, and other resources and internet sources of information and help. They will study self-supported these subjects and complete the tasks, self-assessments, and other exercises set by the tutors. Some are formative assessments e.g. providing both student and tutor information on progress and how best to tackle further study in particular areas of deficit. Some are summative e.g. meaning they are used as marks towards your courses. In the first semester there are no summative assessments, just formative ones. This helps both student and tutor set a baseline on which to build further study. There will also be one compulsory Zoom tutorial during this semester so that all students can get together with the tutor and discuss any problems.

Weeks 16 – 30 Directed learning and self-supported study. This semester will be similar to the first, however there will be 2 - 3 compulsory Zoom practical's which all students must attend. These will mainly be on general health assessment skills e.g. using medical diagnostic equipment for physiological measurement and interpretation etc. There will be a formative or mock test at the end of this semester to help the student focus on areas needed in order to pass the national examinations at level 1. A couple of assignments, projects, case studies will be given during this semester, which must be completed by the end of the last semester.

Weeks 31 – 44 Problem base learning and self-supported study will continue throughout this semester, and culminate in the student submitting a range of assignments, projects, case studies in week 45. In week 45 they will also sit the Online National Examination at level 1. The result is immediate and the pass mark is 60%. The National Examination is a tough exam which mainly focuses on Biomedical Sciences, Diagnostics, Professional Studies, Core Subjects etc. Natural therapies other than core subjects are not tested in any National Examination as each school/college decides which subjects they wish to offer NDs, as Naturopathy is an eclectic mixture of natural therapies, it would make testing untenable. The college will assess the natural therapies taught independently of, and accredit to the Society of Naturopathic Doctors levels as appropriate. This may seem that the colleges have more independence in what they teach, in reality they have a certain amount of flexibility, but the standards must still be reach the level dictated by the level of the course e.g. levels, 1, 2 & 3, and this still must follow the requirements of teaching a minimum of 5 natural therapies including the core subjects.

Week 45 Assessment submission and Online National Examination.

Week 46 Off

Week 47 Practical instruction and clinical placements for 5 full days.

Students complete an Objective, Structured Clinical Examination (OSCE) on the final day which they must pass to graduate this level and progress. 8.

## **YEARS/LEVELS 2 & 3**

These are the years where trainee Naturopathic Doctors and Naprapathic Doctors begin to specialise in their particular field.

The format of first year is followed here e.g. weeks 1 – 15 Directed learning and self-supported study. A compulsory Zoom and no summative assessments.

Weeks 16 – 30 Directed learning and self-supported study with compulsory zooms and some assessments.

Weeks 31 – 44 Directed learning and self-supported study with compulsory zooms and some assessments and mock tests.

Week 45 Assessment submission and Online National Examination.

Week 46 Off

Week 47 Practical instruction and clinical placements for 5 full days.

Students complete an Objective, Structured Clinical Examination (OSCE) on the final day which they must pass to graduate this level and progress.

At the end of each level/year the student will be granted registration and licensure with the Society of Naturopathic/Naprapathic Doctors and will be allowed to practice in the fields qualified too. This helps them gain clinical experience, and begin the process of starting a practice and developing their business.

I year 1 students complete a business plan which helps to get them going at the end of the year in business if they so wish. Coaching on aspects of business, marketing etc will continue to be offered to students via Zooms if they wish to attend, and also on an individualised basis with our dedicated professional business and management coach.

## **YEAR/LEVEL 4**

Graduates of year/level 3 fully register and license at level 3, and provisionally at level 4. During the final level the candidate will intern in either their own practice or within an appropriate practice where they can gain clinical experience. They will be supervised by a clinical supervisor and either meet face-to-face or hold Zoom meetings of at least 2 x 30 minutes.

The candidate will keep a log of their clinical hours until they reach 1000, and this will be signed off as completion of clinical training by their clinical supervisor. They will also complete their research project and submit it along with their certificate of completion of clinical training. Both will be assessed by the College of the Society of Naturopathic/Naprapathic Doctors and if successful, will be granted full level 4 registration and licensure as a Naturopathic Doctor.

## **WHAT NEXT**

After 10 years of continuous registration and licensure at level 4 you can be elected as a fellow. If you complete additional advanced post-graduate training courses, and clinical practice, you can apply for Consultant Fellowship after 5 years.

Many graduates work self-employed. With other therapists and practitioners including GP's and even private health clinics, academic research, teaching, and many more exciting opportunities. You are only limited by your imagination.

## **RECOGNITION OF PRIOR LEARNING (RPL)**

If you already hold qualifications in natural therapies you can have them accredited towards the ND, DN courses.

If you are a healthcare professional e.g. doctor, nurse, physiotherapist, podiatrist, radiographer, osteopath, chiropractor etc, you may be able to claim exemption from parts of the ND, DN course. This will be assessed upon application. This may shorten the course length at the discretion of the College of the Society of Naturopathic/Naprapathic Doctors.

This process is undertaken by the UCHSc on behalf of the College of the Society of Naturopathic/Naprapathic Doctors.

Prior qualifications, experience and supporting evidence must be Valid. Authentic. Reliable. Current and sufficient to support RPL.

## **FAILS**

If a student fails, they simply repeat at the earliest convenience. Which may in some cases be the same day, or same week depending on the examination.

OSCE's for example are simply pass or fail for safety reasons, if a student fails a particular aspect they will be told, and then allowed to repeat the assessment, addressing the particular problems there and then. If it is an Online and written assessment these will be re-arranged after you have been given feedback, and allowed to make corrections or revise before re-taking.

No one is perfect and exam times are particularly stressful for everyone, so we understand that this can affect a students performance. We have a system whereby students who are experiencing particularly upsetting life problems can apply for consideration of special factors. This does not exempt the student from reaching safety standards, but where possible sympathetic marking can be applied, debriefing feedback and guidance given to help motivate.



## KEY POINTS

**A truly flexible course:** We have two enrolments per year. Students can switch between full time and part time according to their current commitments.

**The course costs up to 75% less:** than going to university and graduates come out with high quality professional sought after qualifications with great career prospects.

**The qualification is accredited:** Accredited by the UK's premier professional association for Naturopathic Doctors and only association for Naprapathic Doctors. The association requires a high standard of both academic, and clinical training in order to be eligible to register and use its logos, resources, honours and titles under licensure.

**Comprehensive curriculum:** Taught by ND's DN's who are also university graduates up to doctorate level in health and biomedical sciences. Lecturers who hold regulated teaching and assessing qualifications, guarantee high levels of quality assurance.

**National examinations integrated:** Levels 1, 2 & 3 of the course include the national examinations of the SND, allowing students to gain registration and licensure progressively and begin practising sooner. Students can begin to earn as they learn, and develop their own practice after the very first year.

**Personalised support:** Each student is assigned a personal tutor who provides guidance throughout the course, ensuring all learning and other needs are met, giving the student the best chance to reach their goals.

**Hands-on clinical experience:** The program emphasises practical training, with a minimum of 1500 - 2000 hours of clinical practice needed to graduate.

**Diverse elective options:** Students can customise their learning experience in subjects that particularly interest them.

**Pathway to dual registration and licensure:** This course allows students the flexibility to switch between Naturopathic and Naprapathic, top up from one to another, and also students can complete both programs concurrently to achieve dual registration and licensure.

**Commitment to inclusivity:** The UCHSc fosters an inclusive and supportive environment, promoting equality and diversity.

**Research opportunities:** Students will complete an independent research project, allowing them to contribute to the field while developing critical and scientific research skills that are vital for evidence-based practice and development of the future profession.

**Strong career prospects:** Graduates are equipped with the knowledge, understanding and application of skills necessary to pursue a fulfilling career in many private, NHS, industry and research pathways, across all sectors and healthcare settings independently and as part of a multidisciplinary team. You are only limited by your own imagination.

**We teach subjects that may not traditionally be taught:** and which you are entitled to practice in the UK. E.G. Advanced cosmetic electrology for minor soft tissue surgery. Medical ultrasonography. PRP and stem cell therapy injections for MSK disorders. Injection acupuncture. Peripheral Intravenous Cannulation for I.V. administration. Phlebotomy & blood testing. Haematology and live blood analysis.

**Undergrads learn** physiological measurements and clinical observations.

**Undergrads learn** how to do and assess ECG's.

**Undergrads learn** how to do clinical examinations e.g. Neuro & Vascular Assessments. Listening to Heart and Lungs. Checking eyes, ears, nose and throat etc.

**Undergrads learn** how to run and interpret a range of biochemistry tests e.g. ESR. CRP. Urinalysis. Glucose. Ketones. Uric acid etc.

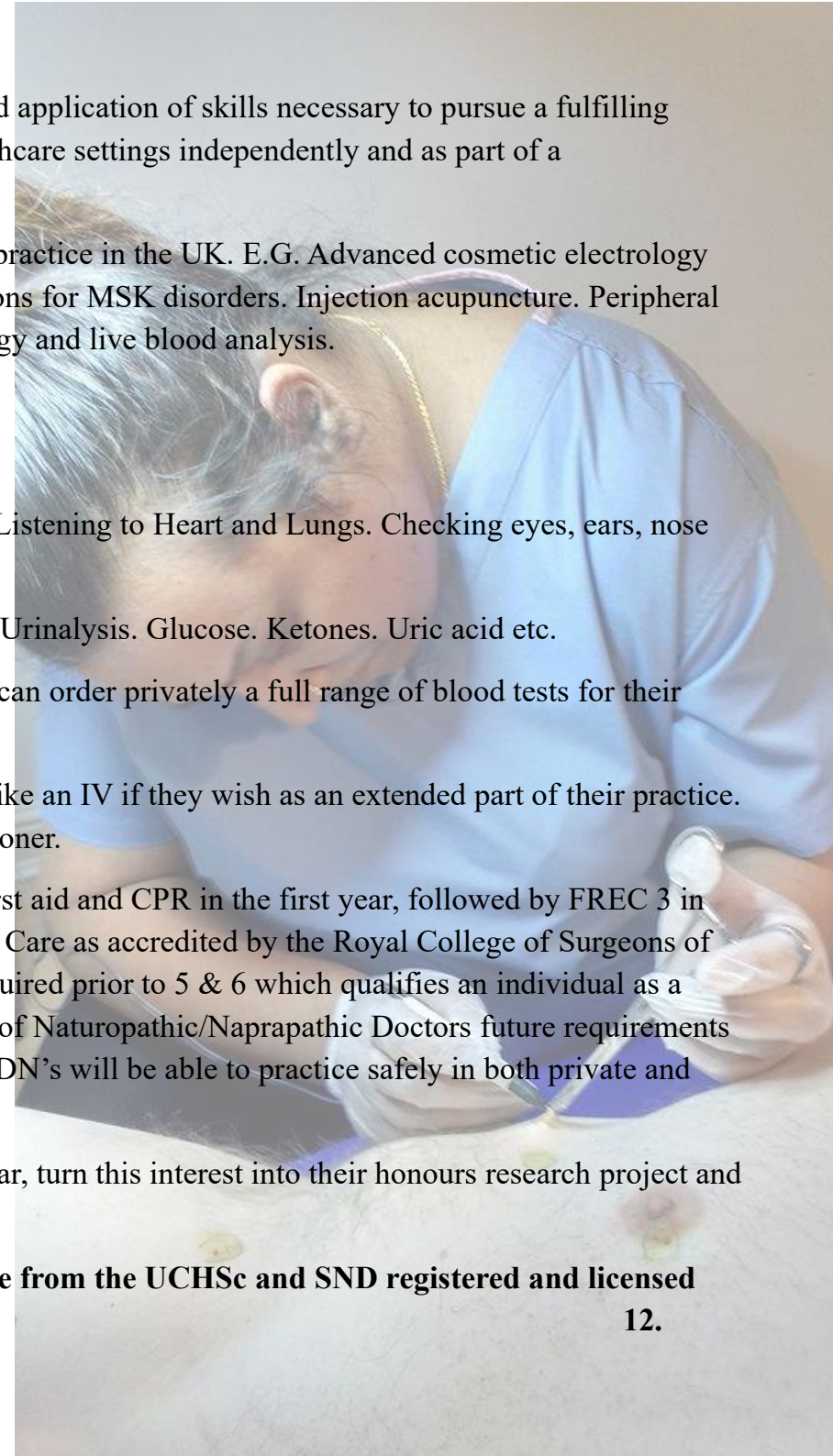
**Undergrads in the UK learn** how to undertake phlebotomy as standard practice so they can order privately a full range of blood tests for their patients. E.G. nutritional checks, aging clocks etc.

**Undergrads in the UK can learn** how to insert a Peripheral Intravenous Cannula and spike an IV if they wish as an extended part of their practice. They will be able to use this skill under supervision of an appropriately registered practitioner.

**Undergrads in both the UK and International** are expected to have completed basic first aid and CPR in the first year, followed by FREC 3 in year 2 and FREC 4 in year 3 or their equivalents. FREC is First Responder in Emergency Care as accredited by the Royal College of Surgeons of Edinburgh Faculty of Pre-Hospital Emergency Care. FREC 3 & 4 are the two courses required prior to 5 & 6 which qualifies an individual as a Paramedic. We have integrated this into our course already in preparation for the Society of Naturopathic/Naprapathic Doctors future requirements to have this in all their accredited courses, and so SND registered and licensed ND's and DN's will be able to practice safely in both private and NHS settings in the future.

**Undergrads can choose a wide range of electives** of special interest from the second year, turn this interest into their honours research project and claim advanced credits towards specialist post-graduate training towards fellowship.

**Many of the courses we teach as standard or at post-graduate level are only available from the UCHSc and SND registered and licensed practitioners.**



## UCHSc APPLICATION FOR COURSE ADMITTANCE Page 1 of 4.

Private and confidential. All information is used to help us, help you.

NAME	DOB
ADDRESS	CONTACT NUMBER
	EMAIL
	CURRENT OCCUPATION
	DATE

I would like to apply for the following.

Naturopathic Doctor Course		Naprapathic Doctor Course		Both Courses Concurrently	
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I would like to apply for intake in.

March 2025		September 2025		Either intake 2025	
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List all qualifications and especially any that are relevant and you wish to apply for Recognition of Prior Learning for.

Qualification Title e.g. Diploma in Body Massage.	Awarding Body e.g. ITEC.	Mark Awarded e.g. PASS.	Year.

Continue onto page 2.



List previous jobs and any skills learned in these jobs that you feel are relevant e.g. time management, negotiation, communication, computer skills. Etc for the last 10 years.

Dates From – To.	Employer.	Duties.	Skills Learned on the Job.

Do you currently practice in Holistic or other Therapies? If yes which ones and what qualifications do you hold in them, from where and the date of issue.

Do you hold registration, membership or licensure with any other professional body? If so, please provide details of who, license number and date of registration.

Page 3 of 3.

Please use this space to write an essay on why you want to become a ND, DN, why you chose us, and what you think it will be like to become an ND, DN and how you see it fitting in with your own personal and professional future.

Please provide the details of two referees who we may ask for a personal reference about your suitability and character for this course. Please make sure that they are happy for us to make contact with them, before listing them here.

1, Name	2, Name
Occupation	Occupation
Relationship to you	Relationship to you
Email	Email
Mobile number	Mobile number

DISCLOSURE: In privacy and confidentiality please disclose here any criminal convictions past or pending. This does not include motoring offences e.g. parking tickets. Having a criminal record doesn't automatically bar you from any of our courses, but it may in certain circumstances prevent you from undertaking a course with us.

Enclose with your application scanned copies of any qualification, certification, registration, licensure you have mentioned on this form.

In signing this form you confirm that the information you have provided is true to the best of your knowledge, and that you agree to be bound by the UCHSc terms and conditions, policies and procedures. All of which are downloadable on our website and you should have already consulted them before completing this application form.

FULL NAME

SIGNED

DATE

Now return this form, with all other supporting documents to us at [uchsc\\_ac\\_uk@hotmail.co.uk](mailto:uchsc_ac_uk@hotmail.co.uk) We will send you a secure invoice via SumUp for the application fee of £250.00. Once this has been paid we will pass this form and your supporting documents to our applications board and RPL checker.